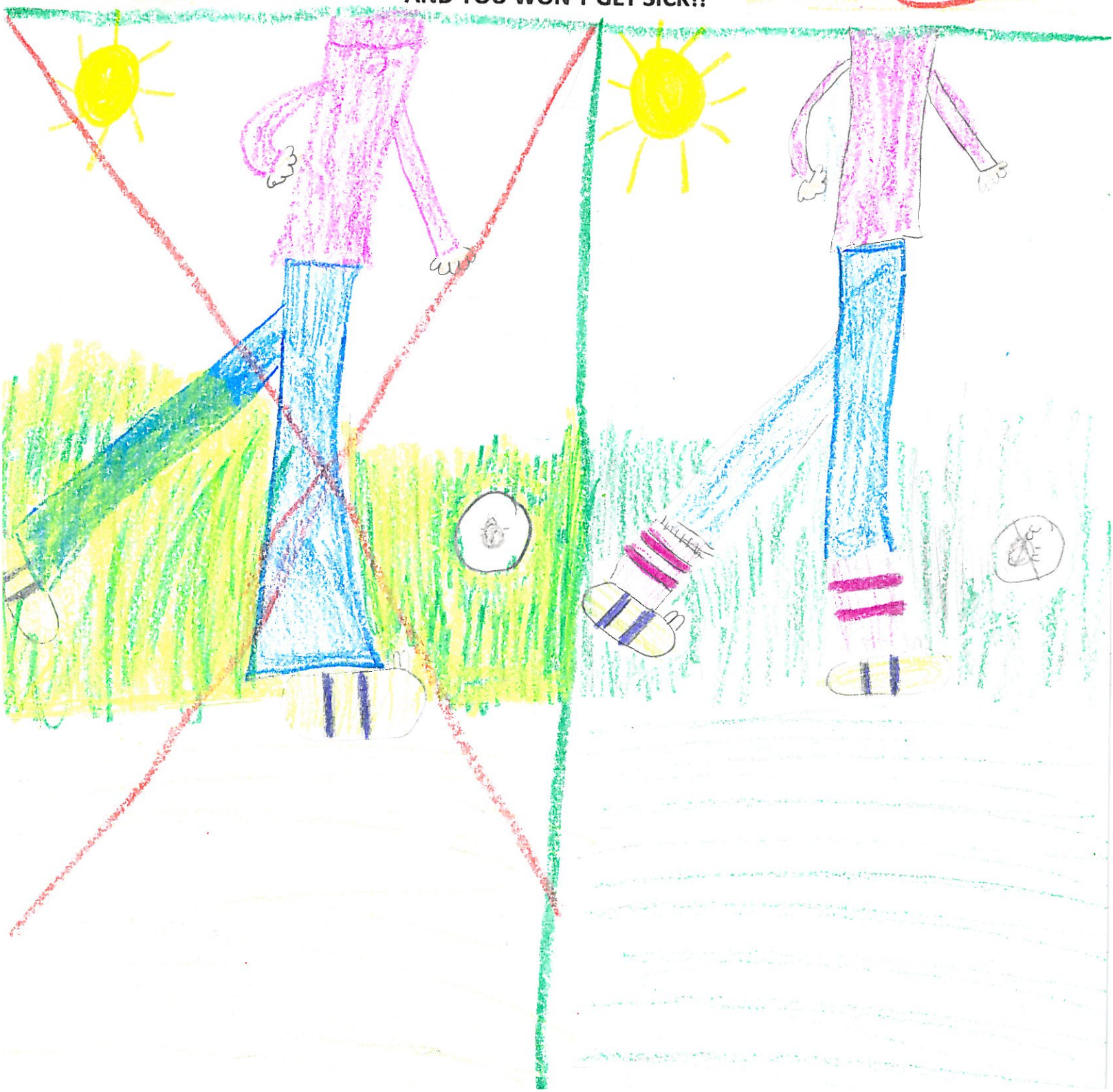
WHEN YOU'RE OUT FOR A WALK,

TUCK YOUR PANTS IN YOUR SOCK,

AVOID NASTY TICKS,

AND YOU WON'T GET SICK!!